

How a Social Worker can help

Learning that your child has diabetes can be very stressful on a family. Your whole family will be taught how to manage diabetes and will require learning some new skills and making changes to your daily routine. Many people report feeling overwhelmed and other emotions such as sadness, fear, worry, guilt and anger.

A valuable member of your child's healthcare team includes a Social Worker. Their role is to:

- Help your child and your family develop healthy coping skills.
- Identify and develop solutions to common daily diabetes concerns.
- Connect you with helpful community resources.
- Help identify ways to manage the financial cost of diabetes.
- Provide counselling and therapy to your child or family when facing a crisis, mental health or relationship problems.

You do not need a formal referral to access the services of the Social Worker. Please call the clinic at 905-630-3737 ext 5510 to connect to the Social Worker.