

**Gestational Diabetes Education Clinic Referral Form**

**Please fax Referral Form AND Antenatal I & II to 905-681-4884.  
Call 905-632-3730 ext 5510 if you have any questions.**

Your patient will be contacted by the Clinic with an appointment.

Patient Name: \_\_\_\_\_

Address: \_\_\_\_\_

DOB: \_\_\_\_\_ Phone: (home #) \_\_\_\_\_ (work #) \_\_\_\_\_

Health Card: \_\_\_\_\_ Version Code: \_\_\_\_\_

Referring Physician/ Midwife: \_\_\_\_\_

**DIABETES HISTORY:**

Type 1  Type 2  Duration: \_\_\_\_\_ # of year:

Testing own blood glucose:  yes  no

Previous Diabetic Education  yes  no Where: \_\_\_\_\_

MEDICATIONS: \_\_\_\_\_ INSULIN: \_\_\_\_\_

LMP: \_\_\_\_\_ EDC (Dates) \_\_\_\_\_ G \_\_\_ T \_\_\_ P \_\_\_ A \_\_\_ L \_\_\_

(U/S) \_\_\_\_\_ Please have your office arrange to have all previous Ultrasound Studies in this pregnancy sent to the GDM Clinic.

50 gram GDM SCREEN: \_\_\_\_\_

75 gram OGTT FASTING: \_\_\_\_\_ 1 hr \_\_\_\_\_ 2 hr \_\_\_\_\_

**RISK FACTORS:**

- Previous GDM  Previous Macrosomia/ Family History  Ethnicity (Asian, Hispanic  
 Previous Stillborn  PrePartum Obesity African-American or aboriginal)  
 Age > 25 years  Family History DM/GDM

**PAST MEDICAL HISTORY:**

Allergies:

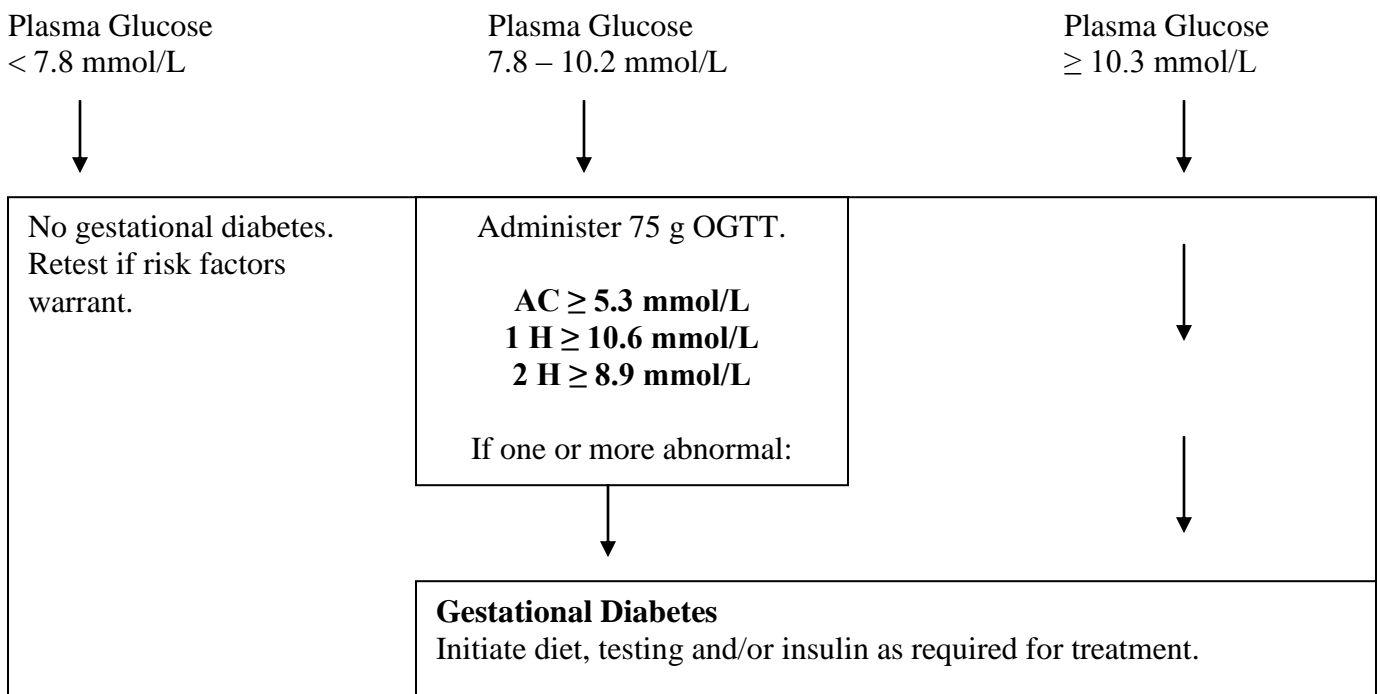
# Gestational Diabetes

## Screening for Gestational Diabetes

It is recommended to screen all pregnant women at 24-28 weeks' gestation with the exception of those in a very low-risk group (white, lean, less than age 25, with no risk factors).

**If the early screen is negative, but the index of suspicion is high, repeat the screen or oral glucose tolerance test (OGTT) at 4-6 week intervals throughout the pregnancy.**

**Glucose challenge test (GCT) = Plasma glucose drawn 1 hour post 50 g glucose drink.**



## Indications for early screening or repeat screening

1. Previous obstetrical history:
  - Stillbirth or frequent losses
  - Previous large-for-gestational-age baby
  - Previous gestational diabetes
2. Family history of diabetes mellitus
3. Current pregnancy:
  - Excess prepregnancy weight or weight gain this pregnancy
  - Glycosuria