

How to make a referral?

Ask your physician to complete a referral form to our Palliative Care Outpatient Clinic. Referral forms can be found on the Joseph Brant Hospital website:

www.josephbranthospital.ca

Referrals should be faxed to 905-336-6492.

Specific questions can be directed to our clinical navigator at telephone: 905-632-3737 Ext. 2108

Helpful resources:

www.chpca.net

www.advancecareplanning.ca

www.hpcintegration.ca

Developed by:
The Palliative Care Program

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What is Palliative Care?

Helping patients and families live well with a chronic and life-limiting illness.

What is Palliative Care?

Palliative Care is an approach to care that aims to relieve suffering while improving quality of life.

It aims to ease the symptoms and distress affecting individuals and their families facing a life-limiting illness.

How is Palliative Care different from the health care I am receiving now?

Palliative Care professionals work with the health care team you already have and together focus on lessening the burdens of suffering, loneliness and grief for those living with chronic and life-limiting illnesses.

Our Palliative Care Outpatient Services

- Our team consists of a physician, nurse practitioner, clinical navigator nurse, social worker and dietitian
- Your family physician maintains overall responsibility for your care
- we collaborate with all health care providers involved in your care
- we provide you with resources available in our community
- we assist you and family to explore future care options when there are difficult decisions to be made
- we try to be sensitive to your personal, cultural and spiritual values, beliefs and practices

When is Palliative Care right for me?

Palliative Care is right:

- If you or a family are facing a life-limiting illness
- If you have concerns/needs about how to manage:
 - Pain and symptoms such as nausea or shortness of breath
 - Emotional, social and spiritual issues that arise from dealing with the challenge of a progressive illness
 - Practical issues such as managing at home, transportation and financial/legal matters
 - loss and grief, preparing for end-of-life