

PALLIATIVE CARE TEAM

Our Palliative Care team includes:

Physician
Nurse Practitioner
Clinical Navigator Nurse
Social Worker
Dietitian

PALLIATIVE CARE SERVICES

Palliative Care professionals collaborate with all health care providers involved in your care. They provide:

- Consultation and support with future planning.
- Information and referrals to community resources.
- Access to counselling and spiritual supports.

Developed by:
The Palliative Care Program

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Palliative Care Outpatient Clinic

Helping patients and families live well with a chronic and life-limiting illness.

WHAT IS PALLIATIVE CARE?

Palliative Care is an approach to care that aims to relieve suffering while improving quality of life.

Its purpose is to ease the symptoms and distress affecting individuals and their families facing a chronic and life-limiting illness.

UNDERSTANDING PALLIATIVE CARE

Palliative Care is a compliment to traditional primary care. It is added when facing a chronic and life-limiting illness.

When receiving Palliative Care, your primary physician will maintain oversight of your care. The Palliative Care team will work with them to lessen the burdens of suffering, loneliness and grief.

WHEN TO SEEK PALLIATIVE CARE

The emotional and physical effects of managing a chronic and life-limiting illness can be overwhelming.

Seek Palliative Care if you or a family member is facing a chronic and life-limiting illness and are experiencing any of the following:

- Frequent and/or unmanageable pain
- Persistent and/or unmanageable nausea
- Shortness of breath
- Emotional distress
- Social distress
- Isolation

And if you require assistance managing:

- Diet
- Household maintenance
- Transportation
- Banking and/or legal affairs

GETTING A REFERRAL

A physician referral is needed to access the Palliative Care Outpatient Clinic at our hospital.

The New Patient Referral Form is available online.

Go to **josephbranthospital.ca**, Programs and Services, Cancer Care.

Patient referrals are received by fax at 905-336-6492.

Questions are directed to the Clinical Nurse Navigator at 905-632-3737 Ext. 2108.

Helpful Resources:

www.chpca.net
www.advancecareplanning.ca
www.hpcintegration.ca