

Artist Rendering of Phase II of the JBH Redevelopment and Expansion Project



**Together, we are building
our new era of health care**

Construction begins on the new
Halton McMaster Family Health Centre



Artist Rendering of Phase I of the JBH Redevelopment and Expansion Project



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Since our last issue of Momentum, several exciting things have happened at JBH. In May, we celebrated Halton Physician Appreciation Week and National Nursing Week. Our Redevelopment and Expansion Project continues to progress with Bondfield Construction Company Limited already laying the foundation for the new Halton McMaster Family Health Centre (HMFHC) and parking facility. We held our Annual General Meeting (visit our website at josephbranthospital.ca to view our Annual Report) and celebrated the recent renovations and designation of our nursery as a Level 2B Nursery.

There are many opportunities for us to recognize the numerous health care professionals that provide care to our patients at JBH. We are very fortunate to

Providing exceptional care by working together

By Eric Vandewall, JBH President & CEO

have a truly dedicated team of physicians, nurses, therapists, social workers, lab technicians, dieticians and more who work together to ensure you receive safe, high-quality care. It's fitting, then, that just a few weeks ago our Council for Interprofessional Practice launched JBH's first annual Collaborate Practice Week, choosing as its theme "Providing exceptional care by working together." After a week of guest speakers and educational seminars, we ended the week with a staff appreciation BBQ on June 14th held in our courtyard – special thanks to Denninger's Foods of the World for your generous sponsorship of the event. At the BBQ, we presented the first ever Collaborative Practice Awards of Excellence to five staff members who exemplify our strategic priorities of quality and safety, exceptional customer service, innovation, inspired people and teamwork and leading performance. We invite you to read more about collaborative practice and our "team" on pages 6 and 7.

Speaking of teams, our Foundation

team has once again treated our donors, sponsors, volunteers and friends to another outstanding Crystal Ball. Held at Mercedes-Benz Burlington on June 8th, the 13th Annual Crystal Ball's theme was "Champagne & Shovels" to celebrate the beginning of our Redevelopment and Expansion Project. JBH thanks Foundation President Anissa Hilborn and her team for a remarkable evening in support of JBH. You'll be hearing from the Foundation soon about how much was raised for our community hospital.

I would also like to take this opportunity to offer a special thanks to Dr. Dwight Prodger who is stepping down as our Chief of Staff later this summer. Amongst the many other successes, under Dr. Prodger's guidance we have moved one step closer to becoming a fully affiliated community teaching hospital. Thank you, Dr. Prodger.

And thank you to all of our staff, physicians and volunteers – together, we are building our new era of health care at JBH.

inside

Welcome to our sixth edition of Momentum, a publication devoted to stories and articles about the innovative, leading practice and compassionate health care we provide at Joseph Brant Hospital.



JBH'S BREASTFEEDING CLINIC RECEIVES IBCLC AWARD PAGE 8

CONTRIBUTORS:

Eric Vandewall – President and CEO

Anissa Hilborn – JBH Foundation President

Dr. Arshad Hack – Chief of Family Medicine

Melissa Mascio – Professional Practice Chief, SLP

Laurie Perrett – Professional Practice Chief, Occupational Therapy

Momentum is produced by the JBH Corporate Communications Department.

JANELLE EADE
Corporate Communications Manager

NNEKA ONWUALU
Corporate Communications Specialist

To view the online edition visit josephbranthospital.ca

Joseph Brant Hospital
1230 North Shore Blvd.,
Burlington, ON L7S 1W7
Tel: 905-632-3737

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Sign up and take part in one of the largest health studies in Canada at ontariohealthstudy.ca

The Ontario Health Study is inviting health care professionals, patients, families and everyone in our community to join one of the largest health studies in Canadian history.

The study's goal is to fully understand how diet, lifestyle, environment and family history affect health over time. Findings from the study will help to enable a team of scientists and clinicians develop strategies for the prevention, early detection and treatment of cancer, heart disease, asthma, diabetes and Alzheimer's.

Every Ontario resident over the age of 18 can enroll in the online study at OntarioHealthStudy.ca. It takes about 30 minutes to complete the confidential questionnaire that asks participants about personal and family medical history, where they live and their lifestyle and diet.

According to Cancer Care Ontario, cancer continues to be the number one cause of premature death in our province. It estimates that 45% of males and 40% of females will likely

develop cancer in their lifetimes and as Ontario's population ages and grows, those numbers will increase. At the same time, diabetes and Alzheimer's rates are growing significantly and the incidence of asthma has doubled in the past decade.

Data collected will be analyzed regularly and subsequent questionnaires will build on findings. Every year, as researchers learn more about how health and lifestyle contribute to or prevent cancer, heart disease and Alzheimer's, they'll be able to focus their research on specific risk factors to find ways to help all Canadians stay healthier.

Once participants between the ages of 35 and 69 have completed the questionnaire, they can register online to participate in the study's blood collection program. Invitees are emailed a requisition form they can print at home and take to a LifeLabs (see their locations at www.lifelabs.com).

A subset of participants aged 35 to 69 will be invited to visit the Toronto-based Assessment Centre where researchers

will gather additional data, including heart and lung function, waist and hip size, blood pressure and heart rate. Participants will also be able to provide blood and urine samples which will significantly enrich the questionnaire data for researchers.

In addition to contributing to the better health of future generations, study participants will also learn more about their own health. Each participant has access to a personalized secure home page that gives them a window into their current health by summarizing their questionnaire responses and tracking their blood and other test results.

The Ontario Health Study is funded by the Ontario Institute for Cancer Research, Cancer Care Ontario, Public Health Ontario and the Canadian Partnership Against Cancer and is part of the Canadian Partnership for Tomorrow Project, which consists of five regional health studies across Canada.

To learn more or to enroll, visit www.ontariohealthstudy.ca.

redevelopment update

Phase I Halton McMaster Family Health Centre (HMFHC)



Bondfield Construction Company Limited has begun construction on the new Halton McMaster Family Health Centre (HMFHC) and parking facility. Known as Phase I of the JBH Redevelopment and Expansion Project, this new facility will be a three-storey building on Lakeshore Road and will house the HMFHC, the Department of Family Medicine of McMaster's Michael G. DeGroote School of Medicine and JBH administrative offices. A new parking garage with more than 800 spaces is being built adjacent to the new centre. Construction is expected to be complete by next Spring 2014.

Phase II Redevelopment and Expansion of Joseph Brant Hospital



JBH has received updated Artist Renderings of Phase II of the Redevelopment and Expansion Project. These renderings showcase the latest projected look of the new patient tower, with the contributions of Cannon Design, the hospital's Planning, Design and Compliance (PDC) Team. The final look of the building will continue to evolve after the Project-Co team is selected to ultimately design, build and finance the project.

Phase II Highlights

- Additional Acute inpatient beds
- Expanded Diagnostic Imaging and Medical Diagnostics Unit, Ambulatory Care Area, Cancer Clinic, and Intensive Care Unit (ICU)
- Additional Operating Rooms
- A new Post-Anaesthetic Care Unit
- A renovated Emergency Department
- A new Main Entrance
- An expanded and modernized Laboratory
- Expanded Level 2B Neonatal Intensive Care Unit

ask the doctor

Taking care of your health – now and in the future



Q What is the difference between preventative medicine and holistic medicine?

A Your health is best met when we, as a collective medical team, focus on disease prevention and health promotion. This involves lowering all of your

identified risk factors for disease and focusing on healthy living. Identifying risk factors is a process that includes taking a thorough family history, social history including lifestyle factors such as smoking, alcohol use and diet, and diagnostic testing such as blood work. This information is then analyzed and recommendations are made so as to decrease identified risk. These recommendations may include dietary changes, quitting smoking, increasing daily exercise, initiation of a medication like a statin for high cholesterol, or management of blood pressure. By acting in a "preventative" manner, we can help to prevent future diseases such as heart attack, stroke, congestive heart failure, diabetes, and kidney failure, just to name a few.

Holistic medicine refers to the care of the patient with attention to their physical, social, emotional, and spiritual health. The goal of holistic practice is to maintain balance within all of these spheres in a patient's life. When treating disease or caring for a patient, it is very important to take all of these factors into consideration. Holistic medicine should be practiced by all physicians. Nowadays, however, we see the term "holistic" used to refer more to allied health practitioners who provide care simultaneously and complementary to western medical practitioners. Holistic care providers include acupuncturists, massage therapists, Naturopathic practitioners, Homeopathic doctors, Ayurvedic medicine practitioners, chiropractic medicine, traditional Chinese medicine doctors, and meditation experts. Any disease or ailment can and should be treated with a holistic approach.

Q How important is family history in determining whether or not one will inherit an illness (eg. breast cancer, diabetes, heart disease)? What can I do now to minimize the risks?

A This is a very difficult question as many diseases have

a genetic component to them, and the amount of genetic contribution can vary tremendously between diseases. Generally, it is important to provide a comprehensive family history to your physician as it will help them assess risk and also help to determine when it would be beneficial to begin medical interventions such as screening tests. Common diseases having a strong genetic predisposition include heart disease, breast cancer, colon cancer, depression and addictions. For these and other diseases which are genetically linked, see your family physician often and ensure that you are receiving the appropriate screening tests. Although we know there are genetic predispositions to certain diseases, we also know that lifestyle factors such as regular exercise, healthy diet, not smoking, maintenance of healthy weight, stress management, lowering alcohol consumption, and getting 6-8 hours of sleep per night can really help us stay as healthy as possible.

Q My 80-year-old mom is in the hospital. She can no longer care for herself at home. What are our options and who can help us when the time comes for her to be discharged?

A This is a much more common situation in Burlington than you would think. In fact, Burlington has the highest number of 'new 80 year olds' in the country. As we age, we strive to maintain our independence, dignity, and autonomy. For most of us, this is achieved by continuing to live in our home environment. Unfortunately, there is a time for many, when living at home independently is just not safe. It is often a crisis or trauma such as an infection or a fall that lands our aging loved one in the hospital. If the patient requires admission to the hospital, the physician will work with the discharge planning team from day #1 of your stay to ensure that they come up with the best plan for you and your family. This team is comprised of a social worker, occupational therapist, physiotherapist, dietitian, and nurse. They are the liaison between the patient, family and the community resources available. There are many options upon discharge including going back home with increased community supports from an agency such as the Community Care Access Centre (CCAC), home with private nursing services, a retirement home, nursing home, family member's house, or, if palliative care services are required, somewhere like the Carpenter Hospice.

Dr. Arshad Hack is a Family Physician in Burlington, the Chief of the Department of Family Medicine at Joseph Brant Hospital and Associate Clinical Professor at McMaster University in the Department of Family Medicine.

Although there is a dedicated team in the hospital to help you find the most safe and appropriate place to live, these discussions and planning should ideally take place before one of those events (crisis or trauma) occurs. Chat with your elderly parents or family members about their Advanced Directives and Living Wills, encourage them to think about assisted living facilities, retirement homes, or long-term care homes, and work on maintaining their independence and safety in collaboration with some of our great community partners such as the CCAC. Simply call 905-310-CCAC and you will be connected to someone who will be able to help you. It is self-referral and does not require a physician to be involved.

Q What is the range of care that a family doctor provides?

A When I think of the Family Physician, I think of the term "Cradle to Grave". Your Family Physician is able to provide newborn care, general paediatric services, adolescent health care, prenatal care, management of chronic diseases, acute medical complications, mental health issues, palliative care, and so much more. They are trained in a wide variety of areas. Should they be unsure as to a diagnosis or treatment plan, they will be able to refer you to the most appropriate place to receive your care.



JBH nurses participate in Late Career Nurse Initiative

The Ministry of Health and Long-Term Care (MOHLTC) Late Career Nurse Initiative (LCNI) program provides nurses 55 years of age and older with the opportunity to spend part of their time engaging in less physically

demanding nursing roles, such as mentoring other nurses or teaching patients, and to utilize their knowledge and expertise to advance projects that improve patient care and/or the quality of work environments.

JBH is proud to have had five nurses participate in the program. These nurses participated in several quality and safety initiatives across the organization including in hand hygiene, call bell response, continence

program, least restraint and patient education.

Congratulations to Carol-Ann Davis-Blog, Trish Harris, Petrina Doorsammy, Lila Modesto and Gail Holmes for being the first "graduates" of the program.

Stroke survivor impressed by JBH's collaborative approach to care

As a part of Collaborative Practice Week and in conjunction with June being Stroke Awareness Month, on June 13th hospital staff listened to guest speaker, Rick Vascotto, a 52-year-old stroke survivor, share his story about the care he received at JBH.

Vascotto, who was given tPA, a clot-busting medicine, in JBH's Emergency Department and received care in the Medicine Unit and Rehab program, shared his experience and observations of the remarkable interprofessional collaboration he saw during his care.

"I was amazed at how quickly I was seen by an occupational therapist and a physiotherapist just a few days after my stroke, while I was still in the ICU," said Rick. "The system at JBH between the stroke care coordinators, occupational therapists and physiotherapists showed their well-organized plan of action."

"Stroke is a serious medical emergency and recognizing the signs and symptoms of stroke can improve the odds of survival and recovery," says Amy deHueck, Professional Practice Chief, Physiotherapy and Stroke Care Coordinator at JBH.

According to the Heart and Stroke Foundation of Canada, the signs and symptoms of stroke can include weakness, trouble speaking, vision problems, headache and dizziness. "We encourage patients and their families to call 911 rather than driving to the hospital in the event of a stroke. Paramedics can assess patients and ensure they are quickly transported to a centre which has the resources to provide the right treatment," says deHueck.

As part of the Central South Stroke Network, JBH provides comprehensive stroke care, which includes the administration of tPA to patients who meet the treatment criteria. Additional care includes stroke prevention education, acute care, in-patient rehabilitation and outpatient speech language therapy. JBH's Wellness House, an adult day program, provides community rehabilitation and additional post-stroke programming.

JBH works closely with regional and district centres and in collaboration with community partners to facilitate a smooth transition for patients from hospital to community. Care for stroke patients in the hospital also involves a collaborative approach.

"Our team includes physicians, nurses, physiotherapists, occupational therapists,



Stroke survivor Rick Vascotto and Stroke Care Coordinator Amy deHueck.

speech language pathologists, dietitians, pharmacists, social workers and recreation therapists. Our trained stroke survivor volunteers are also an important part of the team. Through our volunteer stroke visitation program, volunteers share their experiences and can relate to our inpatients in a unique way."

"Stroke has a devastating effect on not only the patient but also the family," adds deHueck. "Our team understands the importance of providing compassionate and evidence-based care to ensure the best possible outcome for our patients."



24th Annual Caregivers' Bursary

The Caregivers' Bursary, now its 24th year, provides much-deserved recognition and support to our staff.

This year, JBH awarded a Caregiver Bursary to Laurie Perrett to supported two educational opportunities during Collaborative Practice week. These sessions were designed to help staff gain further insight into how the work that they do is perceived by those they care for and the impact they have on their patients.

The second bursary, awarded to Lisa

Bellon, was given to support a workshop for JBH caregivers called Conscious Care and Support. This workshop taught staff skills they can use to be unconditionally compassionate, resilient and mindfully present in their caregiving roles. Mindfulness in health care practice supports the well-being of both the caregivers and the patients they serve.

Congratulations to our Caregiver Bursary winners and thank you to Smith's Funeral Homes for supporting our staff.

ABOVE FROM L-r: Laurie Perrett, Professional Practice Chief, Occupational Therapy; Mary MacLeod, VP Patient Care Services and CNE; Lisa Bellon, HR Business Partner, Organizational Development.



STAND tool helps stroke patients

STAND is a Screening Tool for Acute Neurological Dysphagia, a simple screening test that nurses can administer at the bedside in order to determine if patients who are admitted with stroke are able to safely have food, fluids or oral medications. This best practice tool is being used for both neurological and surgical patients.

JBH began using STAND in 2012 and the Speech-Language Pathologists of JBH

have trained many nurses who can now assist with ensuring that patients get oral medications, food and fluids as quickly and safely as possible.

The STAND tool gives our nurses an action plan to facilitate the patient's care with the physician, helping to identify and avoid potential risks like pneumonia after stroke and improving the patient's safety during their care.

ABOVE FROM L-r: Wayne Paul, RN; Barb Wolfe, RN; Melissa Mascio, Professional Practice Chief, Speech Language Pathology; Grace Sandaluk, Manager, Acute Medicine.

Collaborative Practice Week at JBH

What is "Collaborative Practice?"

By Melissa Mascio, Professional Practice Chief, Speech Language Pathology and Laurie Perrett, Professional Practice Chief, Occupational Therapy



Collaborative Practice, interprofessional care, interdisciplinary teams...we hear these terms a lot in health care, but what makes practice truly collaborative in health care, and how does that definition distinguish collaborative practice from any other practice?

Collaborative practice in health care is defined as "the continuous interaction of two or more professionals or disciplines, organized into a common effort, to solve or explore common issues with the best possible participation of the patient." Collaborative practice occurs when health care providers work with people from within their own profession, with people outside of their profession and with patients and their families. Collaborative practice is achieved when there is an understanding of shared and separate contributions provided by each member of the team including the patient and family. The collaborative relationships are not hierarchical; power is shared, are mutually dependant on each other to provide care and respect each others' expertise.

Two of the most important goals for collaborative practice include optimizing access to the skills and competencies of a wide range of health professionals and improving primary and even specialty health care by further encouraging and facilitating health promotion and the prevention of illness.

Collaborative practice can positively impact current health issues such as wait times, patient safety, chronic disease management, and community health and

wellness and can contribute to a healthy workplace.

JBH is comprised of several professional practice groups that provide an interprofessional service approach to patients and families. These groups include health care providers from the professions of clinical nutrition, medical laboratory technology, medicine, nursing, occupational therapy, pharmacy, physiotherapy, respiratory therapy, social work and speech language pathology.

JBH has made great strides in changing our culture to a collaborative practice model of care through various initiatives and building of relationships among practice teams, patients and families. Collaborative Practice Week at JBH was established to recognize the interprofessional team and to celebrate the strong collaboration and interprofessional teamwork that results in the delivery of high quality care and exceptional patient outcomes at JBH. From June 11-14, we hosted our first Collaborative Practice Week with various speakers highlighting the exceptional work of our practice teams. We also awarded the inaugural Collaborative Practice Awards of Excellence to five exceptional team members who consistently demonstrate the pillars of JBH's strategic plan in their daily practice – Quality and Safety; Exceptional Customer Service; Leading Performance; Innovation; and, Inspired People and Teamwork.

At JBH, we are proud to recognize the hard work and dedication our staff shows to our patients, their professions and to each other. We are truly dedicated to providing exceptional care by working together.



Awards of Excellence

IN THE TOP PICTURE FROM L-r:
Sheila McEwen; Karimah Alidina;
Tracy Campbell; Melissa Morey-Hollis;
Melissa Mascio; Laurie Perrett;
Valentina Constantinescu.

**IN THE RIGHT PICTURES
FROM TOP TO BOTTOM:**

I-r: Tracy Campbell – Collaborative Practice Award of Excellence Winner –

Quality and Safety; Jill Randall; Melissa Morey-Hollis; Arlene Yam.

I-r: Vic DaSilva – Collaborative Practice Award of Excellence Winner – Leading Performance; Jill Randall; Arlene Yam

I-r: Katie Williams – Collaborative Practice Award of Excellence Winner – Innovation; Kathy Skelly; Arlene Yam.

I-r: Carina Natale – Collaborative Practice Award of Excellence Winner – Inspired People & Teamwork; Jill Randall; Arlene Yam

I-r: Kara Robertson – Collaborative Practice Award of Excellence Winner – Exceptional Customer Service; Sheila McEwen; Arlene Yam.

Celebrating our staff

On June 14th, staff, physicians and volunteers came together to recognize the incredible care that our interprofessional team provides to our patients and their families at a special staff BBQ held in the hospital's outdoor courtyard. Special thank you to Denninger's Foods of the World for sponsoring the day, as well as the many organizer's of the inaugural Collaborative Practice Week at JBH.



inspired people & teamwork Getting to know our exceptional staff



Mary Beth Carter, RN, Inpatient Team Lead and Bed Flow, Emergency Department

What is your role at JBH?

As the Inpatient Team Lead and Bed Flow in the Emergency Department, my role is to ensure safe, quality care for our admitted patient population while in the ED. This includes managing their care pathway, whether it is a discharge from the ED, admission to an inpatient unit, or their journey through the departments to an area that ensures optimal care for that patient. Collaboration with physicians, allied health, their primary nurse,

the ED team lead and bed flow team, is a vital component of this position.

What is the most rewarding part of your job?

This role has multiple rewards. Providing care to a diverse patient population (surgical, mental health, cardiac, geriatric, etc), can be challenging. Through collaboration, we can accomplish many things in a short period of time, helping patients move through the ED and up to the units. Discussions are ongoing and challenging, so require improvising when doing assessments and care while in the ED. I'm honoured to be that point person between the patient and the care team. I am also proud to be a mentor and support other nurses, acting as a resource when needed to support our primary care nursing model. But the number one reward is that I can actively advocate for patients and see the positive results.

What would you like patients, families and visitors to know about quality, safety and service at JBH?

We have a dedicated team who provide exemplary care for all of our patients. The community needs for our hospital are growing so this challenges us on a regular basis. This means we have to think outside the box. We are always looking to follow best practice guidelines, our community partners and the LHIN partners to meet and exceed standards. We also learn on a daily basis from our patients and families, on ways we can improve and create an environment of excellence.



Kara Robertson, RPN, 4 East

the highest standard of safety and service. We do our best to ensure that our patients receive compassionate, safe and quality care. They deserve nothing less.

What is your role at JBH?

I am a nurse on a Palliative/Complex Medical/Reactivation unit, responsible for primary nursing care of 6-9 patients.

What is the most rewarding part of your job?

The most rewarding and humbling part of this job is that your patients and their families put their trust and their faith in you- that is something so sacred. I am truly honoured when a patient allows me to become so intimately involved in their lives at times of surging hope and great despair. I get great satisfaction from helping people, whether it be enhancing their quality of life as they get better, or ensuring comfort, dignity and respect as they are dying. At the end of the day, there is nothing better than hearing someone say "Thank you, I appreciate everything you did for me today."

What would you like patients, families and visitors to know about quality, safety and service at JBH?

Every day, we all strive to provide the public with

leading performance

JBH's Breastfeeding Clinic awarded IBCLC Award and submits letter of intent for Baby-Friendly designation

The International Board of Lactation Consultant Examiners (IBLCE) and the International Lactation Consultant Association (ILCA) have once again awarded JBH's Breastfeeding Clinic with an International Board Certified Lactation Consultants (IBCLC) Care Award, earning JBH a place as a recognized IBCLC Care Award Facility on the IBLCE's online directory. JBH is the only hospital in Ontario to have been granted this designation.

IBLCE and ILCA recognize hospitals, birthing facilities and birthing services that have one or more IBCLC certificants on staff, a dedicated lactation support program 5-7 days a week, have provided training for the medical staff that care for breastfeeding families, and have promoted projects to provide support for breastfeeding mothers or the lactation consultant profession.

Lactation consultants are vital members of JBH's health care team, working collaboratively with prenatal and postpartum providers to help new families meet their breastfeeding goals, and to establish and support best practice protocols for breastfeeding management.

JBH has also submitted a Letter of Intent to the Breastfeeding Committee of Canada regarding pursuing the Baby Friendly Hospital Initiative (BFHI) designation. The BFHI is a World Health Organization (WHO) and UNICEF global strategy that promotes exclusive breastfeeding for six months, the timely introduction of adequate, safe and appropriate complementary food, and recommends breastfeeding up to two years and beyond.

The first organization in Halton to receive the BFHI designation is the Halton Region Health Department which received the designation in 2009. Since then, the Halton BFI, an active community coalition, has promoted and supported breastfeeding in our community by facilitating the implementation of the BFHI in hospitals across our region. Community breastfeeding support, resources and professional education



FRONT, from l-r: Marilyn Hastings, Volunteer; Karen Heldman, RN, IBCLC; Shirley Young, Volunteer. **BACK, from l-r:** Mary Jagodinski, Volunteer; Doreen Vanderstoep, RN, IBCLC; Lisa O'Reilly, Volunteer.
Absent: Hiltraud Dawson, RN, IBCLC, and student volunteers Nikki Srikanth and Avery Fitzgerald.

are developed and delivered through the community coalition.

As part of the BFHI coalition, JBH has successfully continued to comply with the WHO code of no marketing of breastmilk substitute, has successfully launched education in a variety of venues including e-learn, developed a Corporate Breastfeeding return to work policy with Human Resources, has a thriving partnership with Halton Public Health to transition mother and baby seamlessly to home once healthy breastfeeding has been established, and is working towards the best practice of the 10 steps to successful breastfeeding through education, signage, implementation of breastfeeding policies and other BFHI initiatives.



Level 2B Nursery designation means higher level of care closer to home

JBH's Maternal and Child Special Care Unit has received the provincial designation of a Level 2B Nursery. Donations by generous members of the Burlington community allowed for renovations and the purchase of new equipment, enabling JBH to provide a higher level of care for newborns closer to home.

"With more individualized care spaces for babies and their families, a new Team Centre, new security features and improved lighting, the newly renovated nursery supports our family-centred approach to care," says Laura Scott, Manager, Maternal and Child. "We are able to provide Total Parenteral Nutrition (TPN) on a short term basis for infants who are unable to feed by mouth and to support mothers giving birth at our hospital from 32 weeks gestation and up. This leads to a decrease of transfers of critically ill babies to Tertiary Care Centres, keeping baby and family together during their care right in their own community."

The changes in the nursery include a new resuscitation bay which allows more space for transport teams and a bigger work space for the most critically ill babies, a private consultation/physician space for meetings with physicians and families, and a more open nursing Team Centre.

The new bassinet bays have more room and are more family friendly. There is a chair for mothers at each bedside and curtains to allow privacy for feeding and breast pumping at their infant's bedside. There are also three new infant cardio-respiratory monitors



Individual care spaces and the purchase of new equipment means safe, high quality care for newborns closer to home.

and additional O2 and medical air capabilities around the entire Nursery space.

There is also a new video security system. "We now have computer screens at the Team Centres monitoring 2 South and the birthing unit, allowing the team to see the entrance and exit doors as well as the hallways on both units and the hallway outside of the Level 2B Nursery. Security also have the camera footage showing on screens in their office. This video footage is archived and can be retrieved if needed," Scott adds.

With Phase II of the Redevelopment and Expansion Project on the horizon, the Nursery has also been built strategically, with all equipment being able to move into the new building when the space is redeveloped in the coming years.

"We are proud to be able to provide this higher level of care for babies and their families today while also keeping in mind the needs of the families we will be able to serve in the future," says Scott.



Through dedication and generosity, our community continues to show that health care is a top priority

By Anissa Hilborn, JBH Foundation President



Our volunteers play an important role in the Foundation's success. From giving of their time and expertise as members of the Foundation Board of Directors, Campaign Cabinet members and/or volunteering at special events, and hosting Community activities, we could not support our Hospital without the generosity of our volunteers.

A tremendously successful event of note, where volunteers played a large role was on Saturday, June 8th at the Joseph Brant Hospital Foundation's 13th Annual Crystal Ball. This year's theme, Champagne & Shovels, was very fitting – as we celebrate the commencement of the Hospital's largest Redevelopment and Expansion Project. Once again,

Mercedes-Benz Burlington was transformed – this year into a high-end construction zone to complement our theme. Eddie Brill, of The Late Show with David Letterman, hosted our guests. William Close and the Earth Harp Collective, former contestants on Americas Got Talent, transformed the building into their instrument by stringing William's harp high into the building rafters. A sincere thank you to our generous sponsors, partners and volunteers. The evening could not have happened without your support and will not soon be forgotten.

Volunteers play an essential role in our Capital Campaign. The Our New Era Capital Campaign Cabinet is comprised of a number of business and community leaders all dedicated to one shared goal – building a new hospital for our community. Led by Kevin Brady, our Cabinet Chair, this group of dedicated volunteers is working to raise \$60 million to support the realization of new and renovated clinical space for our hospital. You will be hearing more

about their work in the coming months and can see the full membership of the Cabinet in this edition of Momentum.

A busy summer of community events is ahead, and energy is high at the Foundation. The summer kicked off with The Burlington Insurance Brokers Association Annual Charity Golf Tournament at the Hidden Lake Golf & Country Club. Since 2006, the tournament has raised over \$25,000 towards Joseph Brant Hospital Foundation, and the Hospital's Critical Needs.

Another example of our volunteers in action is our upcoming event, Santé, being hosted by a Foundation volunteer. Our upcoming events are listed below and we encourage you to visit our website (www.jbhfoundation.ca) often for news and information. Our community's and volunteer's support of the Hospital through events and campaigns reinforces that quality health care is a priority for Burlington. Your continued support is appreciated.

Wishing you a safe and healthy summer.

Upcoming events in support of JBHF

The Rotary Club of Burlington Central Partnership Charity Golf Tournament at Crosswinds Golf & Country Club – July 18

The Rotary Club of Burlington Central is contributing a portion of the funds raised towards meeting their \$1 million commitment to the JBH Redevelopment and Expansion Project. Contact 905-333-5066 for more info.

28th Annual Burlington Golf & Country Club Charity Golf Tournament – August 1

Proceeds will support the JBH Redevelopment and Expansion Project. Contact tfisher@burlingtongolfclub.com or 905-634-7726 ext. 251.

Lakeside a la Carte at Spencer Smith Park – August 11

The Rotary Club of Burlington Central will contribute a portion of funds raised towards their \$1 million commitment to the Redevelopment and Expansion Project. Visit www.lakesidealacarte.com for more info.

Beverly Tire & Full Throttle Vehicle Detailing Car Wash – August 17

Car wash to raise funds for the Critical Needs of the Hospital. 490 Guelph Line. Contact fullthrottledetailing@hotmail.com or 905-407-6323 for more info.

PwC Epic Tour Halton – September 8

Mass-participation cycling event at Kelso Quarry Park, organized by High Performance Marketing Inc. JBHF is one of the co-

beneficiaries. Funds raised will support the Hospital's Critical Needs. Visit www.epictour.ca or contact mmerrall@hpmarketing.ca or 416-206-0041.

7th Annual JBH Golf Skins Classic – September 11

Proceeds raised will support the Critical Needs of the Hospital. Visit jbmhskinsclassic.com or contact fareen@burlingtonorthotics.ca or 905-331-4391 for more info.

Make Golf Easy – Southbrook Golf & Country Club – September 14

Proceeds will support JBH's Cancer Clinic. Contact eifitzpatrick@josephbranthospital.ca.

4th Annual Amazing Bed Race – September 22

Proceeds raised from this year's race will support the Hospital's Redevelopment and Expansion Project. Organized by the JBH Foundation and the Rotary Club of Burlington North. Contact eifitzpatrick@josephbranthospital.ca for more info.

3rd Annual Scrivener's & Jeff's Guyshop 3rd Annual Fall Golf Classic – September 24

Proceeds raised will support the JBH Cancer Clinic with a focus on Men's Health. Contact jeff@jeffsguyshop.com or lou@scriveners.ca for more info.

For a full listing of events visit www.jbhfoundation.ca

SANTÉ
PARTY IN THE VINEYARD & WINE BARREL AUCTION

SEPTEMBER 14TH 2013 | 4 PM TO 11 PM

Enjoy a casually elegant evening of dining, dancing, wine barrel auction and special guest entertainment. Santé. To your health and to a new era of health in our community. In support of the redevelopment and expansion of Joseph Brant Hospital. For more information and tickets visit peller.com

BlackBerry
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PELLER ESTATES

Reception honours donors who supported the renovation of JBH's Level 2B Nursery



Joseph Brant Hospital and the Joseph Brant Hospital Foundation held a special reception on June 6th to recognize the recent renovations to the Level 2B Nursery made possible by generous community donors. These renovations support the hospital's new designation as a Level 2B Nursery.

At the reception, staff, volunteers, and donors were able to see how the renovations are truly making a difference and how the designation as a Level 2B Nursery means a higher level of care for newborns and their families.

Ralph and Susan Sgro, owners of McDonald's Restaurants of Burlington and Waterdown, were recognized for their leadership and fundraising efforts for the benefit of JBH, the Maternal and Child Care Unit and, specifically, the Level 2B Nursery project. Ralph and Susan have been long time supporters of our Hospital. Through their generous personal and corporate financial donations, their volunteer contributions, and their support of the Foundation's annual Crystal Ball, the Sgro's continue to make a positive impact on patients and their families.

The Reception also honoured **The Getaway N' Giveback Women's Golf Tournament Committee**. The Tournament ran for two years with all of the proceeds benefitting the Level 2B Nursery renovation project. Committee members **Julie Allen, Marion Duffield, Kimberley Frid, Maureen Kennedy, Brenda Loomans, Diane Regan, Lin Chisholm and Nancy Willson**, along with all of the golfers who participated, raised a total of \$57,000 for the Nursery.

Early this year, the Foundation was also honoured to receive a donation from the **Halton Islamic Association**. The Association prides itself on meeting the urgent demands of health care in this community. Their donation supported the purchase of DASH Cardio Respiratory monitors which are critical for the care for newborns on the Level 2B Nursery.



Nurses Julie McKeen and Amanda Fletcher (left) and Dr. Arinder Malik (right), JBH's new Chief of Paediatrics and Co-Medical Director, Maternal and Child Program, shared how the renovations, along with the designation of Level 2B, is making a positive impact on patient care. JBH's Level 2B Nursery is now equipped to provide a higher level of care for newborns closer to home and the renovated space provides a more welcoming, private and secure environment for parents to participate in their newborn's care.



FROM l-r: Anissa Hilborn, JBHF President; Amanda Fletcher, RN; Julie McKeen, RN; Susan Sgro; Eric Vandewall, JBH President & CEO; Ralph Sgro.



FROM l-r: Brian Torsney, JBHF Chair, Board of Directors; Anissa Hilborn; Diane Regan; Julie Allen; Brenda Loomans; Kimberley Frid.



FROM l-r: Brian Torsney; Anissa Hilborn; Adeel Zafar and Salah Elsohemy, Halton Islamic Association.

**our
new
era.**

Our Campaign Cabinet: Leaders Dedicated to Our New Hospital



Kevin Brady
Campaign Cabinet Chair
President, Brady Financial Group



Susan Busby
Past Chair, JBH Board of Governors



Steve Duffield
Owner, GMD Pharma Solutions



Mel Griffin
President, Lift-Rite Inc.
(a Toyota Group Company)



Rick Giuliani
Regional Director, The Great West Life Assurance Company

The Our New Era Campaign supporting the redevelopment and expansion of JBH is the largest fundraising endeavour in the history of Burlington. We are building this Campaign upon a long history of community pride in our physicians, nurses, staff and volunteers.

Our Campaign Cabinet, under the leadership of Kevin Brady, is the committee who oversees the Campaign and its path for success – including strategic planning and decision making. Most importantly, our Campaign Cabinet works closely with the Foundation to represent the Campaign to the community and to encourage Burlington residents, business owners and organizations to invest in the new era happening at Joseph Brant Hospital.



Dr. Arshad Hack
Burlington Family Physician.
Chief of the Department of Family Medicine at JBH



Anissa Hilborn
President, JBH Foundation



Peter Hogarth
President, Pioneer Fast Foods



Brenda Hunter
Marketing and Promotions,
MCorp Technologies Inc



John Krpan
President, The Krpan Group

As we evolve and grow our Campaign, you will continue to see the passion and dedication of these Campaign Cabinet members – through their advocacy for the Hospital and the Campaign. A sincere thank you to these committed members who are together leading us to a new future for Joseph Brant Hospital.



Hugh Loomans
President and CEO, Sylvite Group



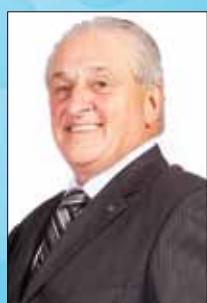
Dominic Mercuri
Executive Vice President and Chief Marketing Officer, TD Bank Group



Clement Messere
President, Pro Distribution Services

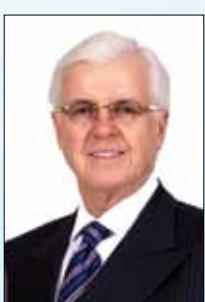


Diane Peller
Non-Profit Director and Community Volunteer Executive

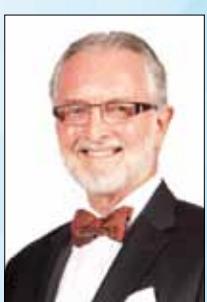


Ralph Sgro
Owner, McDonald's Restaurants

JOSEPH BRANT HOSPITAL FOUNDATION



Randy Smallbone
Chief Financial Officer,
Migao Corporation



Don Smith
President and CEO,
Smith's Funeral Homes



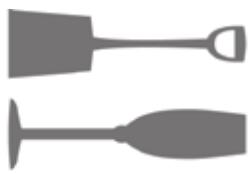
Shirley Thomas-Weir
CEO, Thomas Health Care



Brian Torsney
President, PLAY Advertising



Eric Vandewall
President and CEO,
Joseph Brant Hospital



CHAMPAGNE & SHOVELS

The 2013 Crystal Ball

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THANK YOU to our sponsors who contributed to the 13th Annual Crystal Ball – *Champagne & Shovels* on Saturday, June 8th. Your support inspires others to invest in Our New Era. Your commitment is helping to define health care in our Community.

JOSEPH BRANT
HOSPITAL
FOUNDATION