

Respiratory Programs offered at Joseph Brant Hospital

INSPIRED

(Implementing a **N**ovel and **S**upportive **P**rogram of Individualized care for patients and families living with **R**espiratory **D**isease)



HOME IS WHERE THE HEALTH IS
SCALING UP INSPIRED
APPROACHES TO COPD CARE

ICC

(Integrated Comprehensive Care Program)



Breathe Easy

Wellness House Program

Type of program	Hospital-to-home	Hospital-to-home	Outpatient
What is offered?	<ul style="list-style-type: none"> Holistic, proactive hospital to home care, providing patients/families living with moderate to severe stage COPD by a COPD Nurse Educator , Respiratory Therapist and Spiritual Care Counsellor (as needed) This program includes individualized self-management education; Action Plans; psychosocial support and advanced care planning 90 day program (includes telephone and home visiting support) 	<ul style="list-style-type: none"> Direct coordination of care for patient from hospital to home by an ICC Coordinator This program includes standardized carepathways; self-management education; home care and 24/7 ICC Coordinator support 60 day program (includes telephone and home visiting support) 	<ul style="list-style-type: none"> Self management program in a small group setting facilitated by a COPD Coordinator and allied health team This program includes self-management education, exercise and lunch 20 session program. This program runs 2-3 half days per week from 11-2pm for eight weeks.
Eligibility	<ul style="list-style-type: none"> Hospitalized patients with a confirmed diagnosis of COPD. MRC 3-5 Patients must live within the Burlington area and in a community dwelling (not LTC) 	<ul style="list-style-type: none"> Hospitalized patients with a confirmed diagnosis of COPD or HF and admitted with same Patient must live within the HNHB LHIN area and in a community dwelling (not LTC) Patients are not receiving LHIN homecare services 	<ul style="list-style-type: none"> Confirmed diagnosis of COPD Patients have the ability to participate in all sessions and to set and follow goals during the program
How to refer	Contact COPD Nurse Educator or O/E referral to INSPIRED Program on Meditech	Contact ICC Coordinators or Fax referral to: 905-632-0470	Self referral or physician referral Call ext 5689 or Fax referral form to: 905-336-6480