

Infection Prevention Tips

Patients and Visitors

Healthcare-Associated Infections (HAIs), are germs that patients get while receiving medical care. These tips can help prevent getting and spreading them.

CLEAN YOUR HANDS

Wash your hands with soap and water or use hand sanitizer when:

- entering or exiting a patient room
- before and after eating
- after using the washroom



KEEP PATIENT ROOMS CLEAN

Allow housekeeping space to clean and disinfect patient rooms and washrooms.

- Limit personal belongings.
- Do not clutter.
- Dispose of waste.
- Leave the room during cleaning.



FOOD & DRINK

Packaging and contents can spread infection.



WASHROOM USE

- In-room washrooms are for patient use only.
- Visitors please use public washrooms.



ASK QUESTIONS

Check-in at the Nursing Station, or ask an available member of our team for help understanding tips and signage.



WATCH FOR PRECAUTION SIGNS

Follow posted instructions. Put on personal protective equipment (PPE) when directed:

- Clean hands
- Face mask & shield
- Yellow gowns
- Gloves

Use a Personal Belonging Bag to store personal items.

