

Health Care Options

At certain times of the year, our hospital can become busier than usual. This is especially true during the winter months. When seasonal illnesses like the flu, are most active.

During these busy times, there are things you can do to help us deliver safe, effective and timely care.

- Protect yourself and loved ones from illness.
- Explore other options for care in our community.

Thank you for your patience and cooperation.

PROTECT YOURSELF & OTHERS

- Get the flu shot
- Wash your hands thoroughly
- Use hand sanitizer
- Disinfect common surfaces
- Maintain a healthy and balanced lifestyle



KNOW YOUR OPTIONS FOR CARE

- Family Doctor
- Urgent Care Centre
- Walk-in Clinic
- Telehealth Ontario
1-866-797-0000



HOW WE'RE MAINTAINING SAFE, QUALITY CARE

- Meetings to plan for, and respond to increased volumes
- Added beds where possible (above census)
- Ensuring appropriate staff levels
- Frequent contact with community supports to aid in patient discharge and ongoing care (like, CCAC)

